**Ideation Phase**

**Literature Survey**

| Date | 19 September 2022 |
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| Team ID | PNT2022TMID15069 |
| Project Name | Personal Assistance For Seniors Who Are Self-Reliant |

Here we introduce a smart medicine reminder system using IoT. The proposed scheme was particularly created for the Android platform. For our system, we implement a reminder system that provides an alarm when it is time for taking medicine. Along with that, there is an android application where the user can set their medicine time. In the application, there are some features that help the user get further information regarding their medicines. It keeps track of the medicine dosages to be taken by the user.

**Abstract:**

Tracking the health of a person and proper medication improves their lifetime. Studies suggest that most of the deaths of senior citizens occur during the night when the person is asleep. Sometimes elderly people forget to take their medicine at the correct time. They also forget which medicine they should take at that particular time. And it is difficult for doctors/caretakers to monitor the patients around the clock. This work proposes a personal assistant for the elderly or a patient. Personal assistants can provide in-home respite care, allowing family members or caretakers to take a temporary break.

One such personal assistant is our medicine reminder system. An application is built for the user (caretaker) that enables him to set the desired time and medicine. These details will be stored in the IBM Cloudant DB. When the medicine time arrives, the web application will send the medicine name to the IoT Device through the IBM IoT platform. The device will receive the medicine name and notify the user with voice commands. It also has added features for better usage and added benefits. It can also provide information on the medicines that the user is taking.

**Review-1:**

**Title of the paper:**

Elderly Care: A Study on Community Care Services in Sleman, DIY, Indonesia.

**Name of the Author:**

Academic Editor: Jean-Francois Grosset

Published 07 May 2020

**Problem Description:**

Elderly Care services are important to provide in response to the rapid growth of the elderly population. In developing countries like Indonesia, the speed of growth of the elderly population does not simultaneously occur, so the needs for care services vary. This study discusses the emergence of home care services in response to the increase in the elderly population. By taking the case of community home care services in Sleman, this study found the pattern and process of the emergence of local initiatives in-home care services. This study also revealed an important factor affecting the implementation of community home care services, that is, leadership.

**Review-2:**

**Title of the paper:**

Multidisciplinary approaches to achieving efficient and trustworthy eHealth monitoring systems

**Name of the Author:**

Ajmal Sawand, Soufiene Djahel, Zonghua Zhang, Farid Nait-Abdesselam 2014 IEEE/CIC International Conference on Communications in China (ICCC), 187-192, 2014

**Problem Description:**

The rapid technological convergence between Internet of Things(IoT), Wireless Body Area Networks(WBANs) and cloud computing have contributed to the emergence of e-healthcare, significantly improving the quality of medical care. In particular, patient-centric health monitoring plays a vital role in e-healthcare service, involving a set of important operations ranging from medical data collection and aggregation, data transmission and segregation, to data analytics. This survey paper first presents an architectural framework to describe the entire monitoring life cycle and highlight the essential service components. More detailed discussions are then devoted to data collection on the patient side, which we argue that it serves as a fundamental basis for achieving robust, efficient, and secure health monitoring. Finally, a set of Design challenges is particularly analyzed for developing high-quality and secure patient-centric monitoring schemes, along with some potential solutions.

**Review-3:**

**Title of the paper:**

Developing the Medication Reminder Mobile Application “Seeb”

**Name of the Author:**

Sakineh Saghaeiannejad-Isfahani, Asghar Ehteshami, [...], and Ali Samimi

**Problem Description:**

Today, the structure of comprehensive health care emphasizes self-care more than therapy. Medication therapy is a strong instrument for therapy received through the health setting, especially in the medication area. Errors in medication administration have produced different problems and they cost billions of dollars every year. Regarding mobile phone extensions, we developed a local medication reminder mobile application called “Seeb” as a suitable solution for decreasing medication errors for Iranians. This application was designed for the appropriate medication administration including time and dosages through recording patient and medication data; scheduling patients’ medication, and reporting medication administration on progress. Nowadays, using smartphones and mobile applications are increased dramatically, so developing mobile applications in health services(especially self-care) can create the desired effect in the community. Although there are various medication reminder mobile applications, a native mobile application is essential that is developed on the basis of the specialists’ ideas in this field. In addition to reminding the medication administration time and dose, “Seeb” reports the analysis of the patient medication administration, as well as displays a suitable picture of the medication and its administration method when reminded of medication use. The existence of these functions in the medication reminder mobile application prevents medication errors by patients and increases medication adherence. Undoubtedly, “Seeb” can play an important role in patient health improvement with the suitable reminder of medication administration through user-friendly interfaces, data processing, correct calculation of formulas and appropriate responses, and the display of medication pictures and descriptions. Therefore, we suggest that healthcare providers increase patients’ awareness and introduce them to medication reminder mobile applications to promote these applications' utilization and improve medication adherence as well as decrease medication errors.

**Review-4:**

**Title of the paper:**

Salubrity-A medicine reminder application using android

**Name of the Author:**

Shivani Sharma Published 2018 Medicine, Computer Science

**Problem Description:**

Nowadays, smartphones have reached every hand and every home. As a result, people are making use of beneficial mobile applications to make their everyday life easier. This paper focuses on the development of a mobile application to help to provide an effective healthcare system. This is an android-based application in which an alarm is used which may be closed by tapping the close alarm button, under the image of the medicine which is to be taken at that particular time. It may even have the contact numbers of the doctors for an emergency. This application will be a helping hand for people who are busy in their day-to-day life or old age people who forget which medicine is to be taken and when. Many such medicine reminder systems have been developed where new hardware is required but in our work, we have made an attempt to develop a system that is free of cost, time-saving, and supports medication adherence without any extra hardware.

**References:**

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